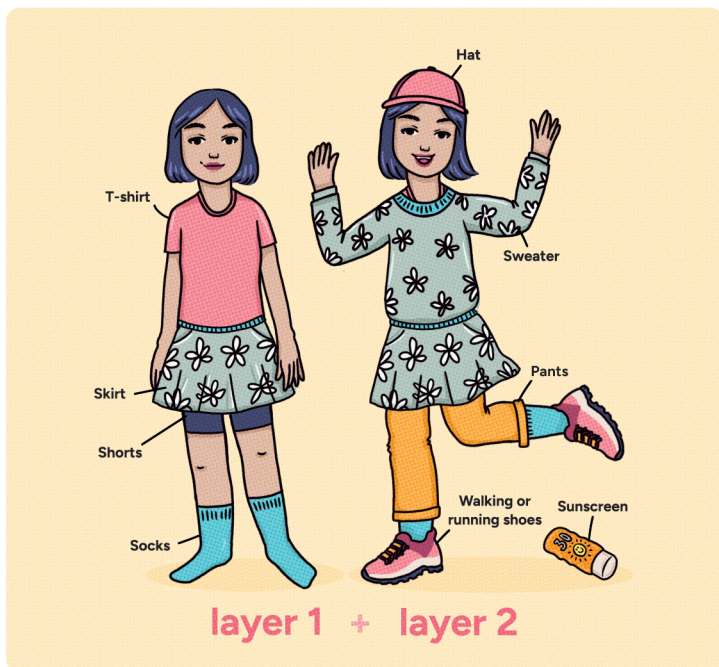


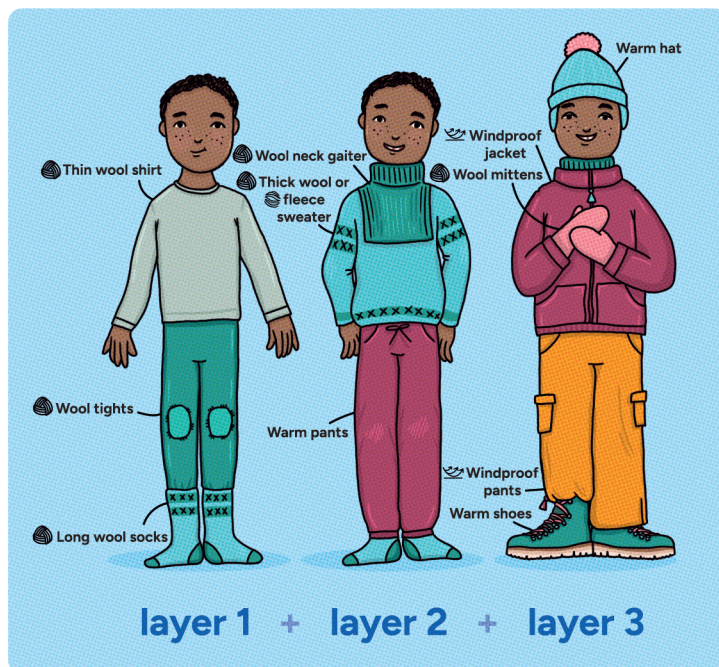
TIPS FOR CLOTHING

WHEN IT IS:

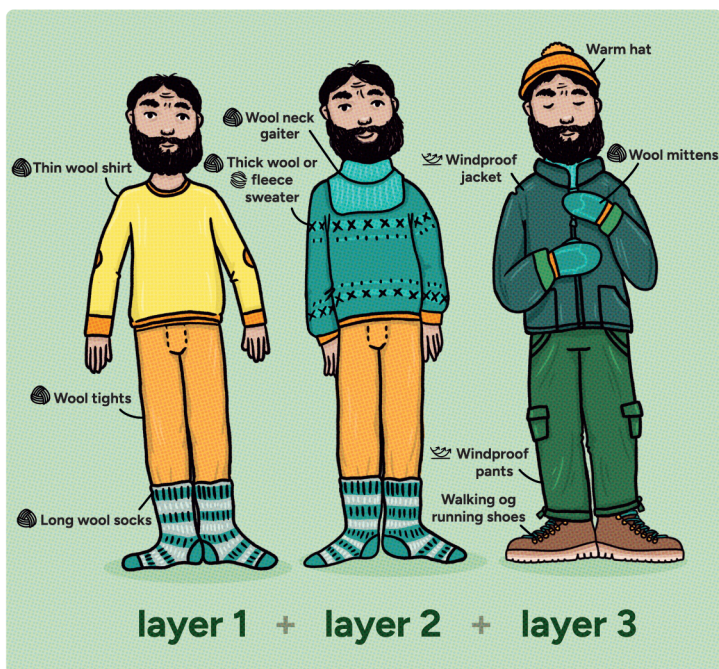
HOT



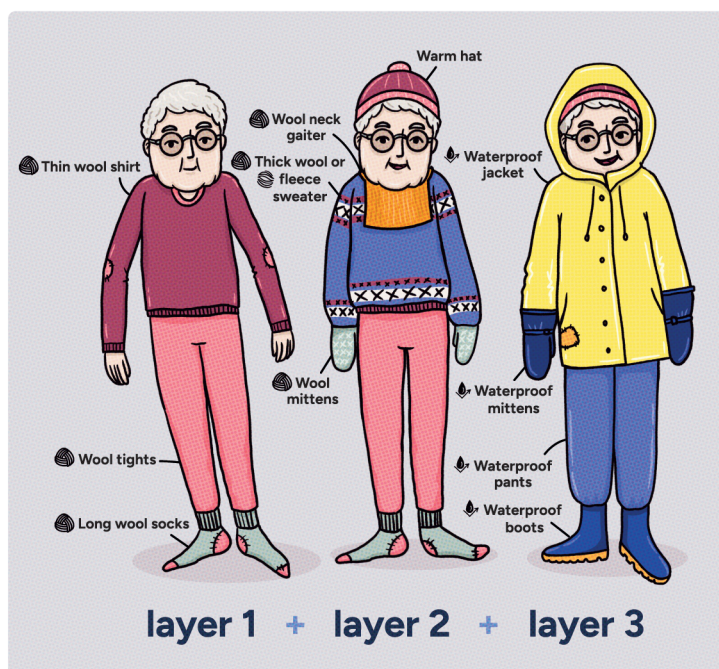
COLD



WINDY



RAINY



TIPS

Sometimes two layers are warm enough, for example early in the fall.

Clothes should not be too tight. When there is space for air between the layers, it is easier to stay warm.

Pack extra clothes when you go hiking, so that you can change or add layers if you get sweaty or wet. You may want extra layers if it gets cold.

